



October 2020

Realty Issue 55

BUILDING NEWS



Fair Day Appreciation

We will be hosting a Fair Day. Since we can't go to the State Fair this year we will bring it to you! October 8th (Tenants Only)



Pop-Up Farmers Market

The Farmer's Market
October 15th from
9am-2pm



TENANT NEWS

Big Tex Fair Food Drive-Thru



Five Reasons Why You Can't Miss this:

- The only place in Texas to get Fair food done right directly from your favorite concessionaires themselves.
- Your one chance to get your annual photo with Big Tex, sporting his new face mask.
- Exclusive access to an official fair experience, built from the ground up specifically for fair fans.
- Play a Midway game from your car, listen to live music, view new vehicles in our Auto Show displays, and hear Big Tex's voice live.
- 5. Show your support towards the State Fair of Texas returning in 2021.

MANAGEMENT CONTACT INFO

Beth Parkhurst

Senior Property Manager bparkhurst@parmco.com

Kelly Smith

Senior Property Manager ksmith@parmco.com

Catherine Smith

Property Assistant crsmith@parmco.com

BUILDING ENGINEERS

Wade Reeves Chief Engineer

Burton Tyler Lead Engineer

Gary Gage

Tower 1 Engineer

SECURITY

Derrick Grant (Director) 214-697-8909 Mandalay Tower 1 214-673-9762 Mandalay Towers 2 & 3 214-502-5800

COMPANY INFORMATION



Management Office: 972-869-9399

BUILDING CONCIERGE SERVICES

Canal Side Deli

Located on the Canal Level of Tower 1-Closed until further notice Clearfork Café

Located on the Canal Level of Tower 2-Closed until further notice

Subz N Stuff

Located on the 3rd floor of Tower 3-Open 9AM-2PM Retail Restaurant on Las Colinas Blvd **OPEN**

Prime Time Auto Care

On-site hand car wash and detailing available every Wednesday and Friday. Located in the 315 garage on Mandalay Street. For availability and to schedule an appointment contact Larry@(214)361-9988

Canal Cleaners

Located in the Mandalay Tower 1 Parking Garage. Same Day Service available for items dropped off by 9am.

Now offering Alterations! Drop off times:

7:00-10:00am/3:30-5:00pm

SAFETY TIP OF THE MONTH

October is the perfect time to conduct a fire drill before a real-life event occurs. Ensure nobody is left behind and all are in tune with their life safety route! The safety reminders communicated in the work place can be easily translated to fire safety in the home.



BUILDING AMENITIES

Conference Centers

Currently conference centers and gym facilities are closed until further notice.

Tower 3 New Conference Center.

5 Simple Exercises You Can Do in Your Office



- Pushups: Place hands on desk, walking your feet away from the desk until you're at a 45degree angle. Be sure and use proper form
- Wall sits: stop when your thighs are parallel to the floor and hold for 30-60 seconds
- Calf raises: stand near your desk or the wall so you can use for balance. Raise your heels off the floor as high as possible, and then slowly lower back down to floor. Repeat 15 times.
- Squats: Proper form is critical to protect the knees. Aim for sets of 10 squats.
- 5. Leg lifts: While sitting at your desk, extend one leg in front of you and hold it for 20 seconds, then repeat with the other leg.

LOBBY VENDORS

Mandalay Tower 1 (Ste. 120)

Heritage Health Concepts-October 20th.

Mandalay Tower 2

Available

Notary Public



Notary services are now available in the management office by Catherine Smith.

DID YOU KNOW?

October 1st: World Vegetarian Day

October7th: World Smile

Day

October 9th: Bring Your

Teddy Bear to Work/School Day

October 11th: Southern

Food Heritage Day

October 15th: National Face Your Fears Day

October 16th: Dictionary

Day

October 19th: Evaluate

Your Life Day

October 22nd: Smart is

Cool Day

October 27th: Cranky Co-

Workers Day

October 29th: National

Cat Day

October 30th: National

Candy Corn Day

